MAKE IT YOURSEL

packet of arrowroot biscuits 400a tin of sweetened condensed m tablespoons of cocoa cup of coconut (desiccated) drops of rum essence or one te spoon of sweet sherry

CHOCOLATE RUM BALLS

## AN AFFAIR WITH

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WHETHER 60 or six years old, chocolates are a preferred treat for all. And what more, cocoa is also known to have many anti-oxidant properties. How often do you come across this combination of taste and goodness? So, feast on some

Chocolate-making has grown into a flourishplace where you can get handmade chocolates in a varied variety. Chenddyna Schae from Jus' with a range of fillings, and hence the name Jus' chocolates on board.

The Sweet Chocolate Factory in Vavalikaval. too, has a wide choice. "We have an array of chocolates at our store - from plain chocolates, soft fillings, fruit fillings to liquor and fudges," says Sunita S. Sweet Chocolate Factory. They have over 150 flavours which are all home-made. Chocolate Factory caters to individual buyers and corporate clients. At the Sweet Chocolate Factory, 100 grams of the assorted range is priced at Rs 100, while the premium chocolate



cocoa goodies, guilt free.

ing business for many. Jus' Trufs is one such Trufs says, "We specialise in chocolate truffles Trufs." They have a wide assortment of truffles ranging from - pure truffles, mint, coffee, Bailevs Irish crème, rum and more, "We also ensure the packaging is given due attention, where minute details such as the colour and design are also taken into account," she says. The diabetic and weight conscious can also delight their taste buds, as they also have a range of sugar-free

will cost you Rs 40 (approximately) per piece.

Method Melt butter over low heat, cook until golden brown, remove from heat and pour in evaporated milk. In a large bo

combine icing sugar, coconut, full cream milk and chopped cherries, mi well. Pour butter and evaporated mil over dry ingredients, add cherry bran

pin or a food processor Add 1/2 cup of coconut and cocoa Stir mix well

Method

Ingredients

Add condensed milk and essence

Crush arrowroot biscuits with a rolling

Stir and mix well

Using your hand pick up approx. one teaspoon and roll into a ball

Place ball and roll in the remainder of coconut

Place of a tray and set in the fridge Keep refrigerated for up to 1-2 weeks



## **CHERRY COCONUT BALLS**

Ingredients

125g butter

2.5 cups icing sugar

2.5 cups coconut

1/4 cup evaporated milk

100g red glace cherries

tablespoon cherry brandy few drops of pink food colouring tablespoons full cream milk pow



They're like manna to some, aphrodisiac to many and a

source of energy to most. Whatever it might be, chocolate is

picture of your choice. Their customisation doesn't end there. The starting range at Jus' Trufs is Rs 50 (approximately) for 100 grams of chocolate and their most expensive Belgian range is priced at Rs 500 for 100 grams. Jus' Trufs also has milk chocolate lollipops, which

## FIND IT HERE

Jus' Trufs, log onto www.justrufs.com, call 23624324

The Sweet Chocolate Factory, log onto www.thesweetchocolatefactory.com